JUNIOR LEAGUE OF
INDIANAPOLIS

FACE MASK TUTORIAL

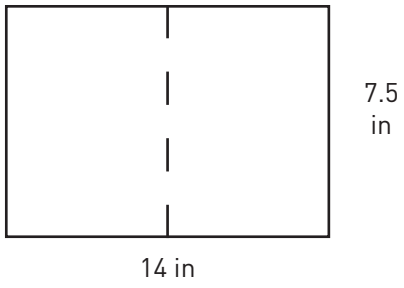
Tools
- Needle and tread (or sewing machine if you have it)
- Scissors
- Iron

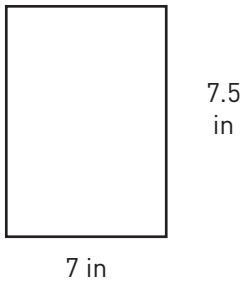
Materials
- Fabric - Enough for one (1) 14 in X 7.75 in piece and two (2) pieces binding material 2 in X 5 in
- Wire (twist tie, floral wire, pipe cleaner)
- Elastic or whatever material you are using for ties (36 - 42 in)

Step One: Prepare Your Materials
Wash your fabric and iron it.

Step Two: Cut Your Fabric
- Cut a rectangle 14 inches long by 7.5 inches wide

Step Three: Fold Your Fabric So Right Sides Are Touching
- Fold so that the side of the fabric you want to be on the outside are touching
- Folding fabric will make it easier to get clean and even lines. Fabric dimensions folded in half become 7 inches by 7.5 inches
- Iron the seam





Step Four: Sew Along the Top
- Sew along the top ***leaving a 3 inch opening in the middle***
- Optional: tuck hem under and top stitch along each side of seam

Step Five: Sew Along the Top
- Sew along the top ***leaving a 3 inch opening in the middle***
- Optional: tuck hem under and top stitch along each side of seam

Step Six: Adjust Your Fabric So that the Pocket is 1.5 Inches Down from Top Edge

Step Seven: Sew Straight Across the Top Edge of Your Fabric, 1/8 Inch from Top Edge

Step Eight: Sew Straight Across the Top Edge of Your Fabric Once More, 1/2 Inch from Top Edge

Step Nine: Insert Wire and Sew in Place

- Wires, twist ties, flower arranging wire, and pipe cleaners all work well
- Bend edges of wire inward so they don't poke through the fabric
- Insert wire in the space between the 1/8 inch and 1/2 inch seams, centering it
- Sew down from top edge to encase the wire

Step Ten: Sew Straight Across the Bottom Edge of Your Fabric 1/8 Inch from Bottome Edge

Step Eleven: Mark Your Pleats

- You should have about 6 inches between the pocket and the bottom edge of your fabric
- Mark 2, 3, and 4 inches

Step Twelve: Fold, Pin and Sew Pleats

- Create pleat by pinching your fabric at the 2 inch mark, bringing it up slightly underneath the pocket
- Pin in place on both sides
- Repeat, bringing the 4 inch mark to meet the 3 inch mark
- Pin in place at both sides
- Iron pleats
- Sew sides 1/8 inch from edge

Step Thirteen: Cut Binding

- Cut 2 pieces of binding material: 2 inches wide by 5 inches long

Step Fourteen: Place and Sew Binding

- Center binding fabric behind the mask so that there is 1/4 inch of binding fabric from edge of mask (right sides of fabric should be facing each other)
- Pin in place
- Sew along the seam created when you pleated
- Repeat on the other side

Step Fifteen: Cut and Insert Tie

- Cut 36 inches to 42 inches long of whatever material you're using for the tie
- Insert so that the closed loop is at the top