



JUNIOR LEAGUE OF
INDIANAPOLIS

FACE MASK TUTORIAL

Tools

- Needle and thread
- Scissors
- Iron
- Pins or clips to hold fabric in place

Materials

- Fabric - Two (2) pieces measuring 9" x 7"
- Elastic - Two (2) pieces measuring 7" long

Step One: Prepare Your Materials

Wash your fabric and iron it.

Step Two: Cut Your Fabric and Elastic

- Cut two pieces of fabric that each measure 9" x 7"
- Cut two pieces of elastic that each measure 7" long

Step Three: Position the Elastic on the Fabric

- Pin the elastic pieces 1/2" from the seam on the top and bottom on the **RIGHT** side of one (1) piece of the fabric
 - The **RIGHT** side is whatever side of the fabric you want to be visible
- Pin the elastic so that it faces toward the center of the fabric (not facing outward)

Step Four: Pin the Fabric

- Put the second piece of fabric on top, sandwiching the elastic in the middle
 - The **RIGHT** sides of the fabric should be touching, leaving the **WRONG** sides visible
 - No elastic should be seen outside the fabric

Step Five: Sew the Fabric Together

- Sew along the edges of the fabric, *leaving a 3 inch opening along the bottom NOT sewn*
- Backstitch over the elastic*

Step Six: Turn Inside Out

- Using the 3" section left open, turn the mask inside out so the **RIGHT** sides of the fabric are on the outside
- Elastic will now be on the outside

Step Seven: Pintuck Time

- Fold top and bottom edges of the fabric into the center and iron
- Using the lines made by ironing to guide you, fold and pin 1/2" folds **UPWARDS**

Step Eight: Backstitch Around the Entire Mask*

* Google "backstitch" to find plenty of helpful and easy-to-follow tutorials on YouTube